




GRILL & VINE

EST. 2012

BREAKFAST



..... INVIGORATE

SEASONAL SLICED FRESH FRUIT	15
banana loaf, cottage cheese	
HONEY YOGURT AND BERRIES 	15
granola, dark chocolate, walnuts	
B.C. SMOKED SALMON 	16
onions, capers, lemon, toasted bagel	
STEEL-CUT OATMEAL 	12
caramelized apples, walnuts, maple drizzle	

..... INDULGE

BLUEBERRY PANCAKE STACK 	22
orange and walnuts	
BUTTERMILK PANCAKE STACK	22
plain, chocolate chip or banana whipped butter, Canadian maple syrup	
FRESHLY BAKED BELGIAN WAFFLE 	22
plain or chocolate whipped cream, strawberries, Canadian maple syrup	
BRIOCHE FRENCH TOAST 	22
caramelized apple compote, maple syrup and walnuts	


..... ENERGIZE

JUICE 	6
orange, grapefruit, apple, cranberry or tomato	
STARBUCKS COFFEE	
cappuccino	6
latte	6
espresso	6
freshly brewed regular or decaffeinated	5
ASSORTED TAZO TEAS 	5
MILK	4
2%, non-fat, soy, almond or chocolate	



..... BREAKFAST TABLE

seasonal fruits and berries, yogurt, steel-cut oatmeal, whole grain cereals, all-natural granola, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, bakery selections, bagels with cream cheese, selection of breakfast juices, freshly-brewed Starbucks® coffee, and assorted Tazo® teas	35
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..... REVIVE

EXHILARATE	22
2 eggs any style, potatoes, bacon, ham or breakfast sausage, toast	
EGG WHITE FRITTATA 	24
broccoli, roasted peppers, goat cheese, salsa, toast, fresh fruit salad	
THREE-EGG OMELETTE	
ham and cheese	22
smoked salmon, asparagus, goat cheese	24
peppers, mushrooms, cheese, salsa	22
EGGS BENEDICT	26
traditional, spinach or smoked salmon	
DUAL MOUNTAIN	28
2 eggs any style, bacon, breakfast sausage, pancakes, breakfast potatoes	

..... OPTIONS

BREAKFAST POTATOES	6
PORK SAUSAGES	6
CHICKEN APPLE SAUSAGES	6
SINGLE BROWN FREE RUN EGG	6
SMOKED BACON	6
BOWL OF FIELD GROWN BERRIES 	8
a bright mix of the season's best	
ASSORTED CEREALS	8
skim, 2% or soy milk	
PASTRIES & MUFFINS	4
assorted varieties	
TOAST	4
whole wheat, white, sourdough, flax	
REGULAR & LOW FAT YOGURT 	6

An 18% gratuity will be added to parties of 8 or more.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness.

Please advise your server should you have any allergies or dietary requests.



"These nutritional powerhouse foods can help extend your health span-the extent of time you have to be healthy, vigorous and vital." Dr. Steven Pratt, author of Super Foods Rx: Fourteen Foods That Will Change Your Life.

PURE REFRESHMENT

Fuel your day and enhance your wellness with Westin Fresh by The Juicery, an assortment of nourishing, healthy, organic juices and smoothies. Curated in partnership with the experts at The Juicery, each of these custom blends packs a punch of revitalizing goodness.

For a better you.™

ORGANIC, LOCALLY SOURCED JUICES

Cucumber, kale, romaine, lemon, basil, coconut \$10

Beet, carrot, spinach, apple, lemon, ginger \$10

ORGANIC, LOCALLY SOURCED SMOOTHIES

Mango, blueberry, banana, almond milk \$9

Strawberry, banana, goji berry, coconut milk \$9



 All of the offerings on our Westin Fresh by The Juicery menu are also SuperFoodsRx™ approved.

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