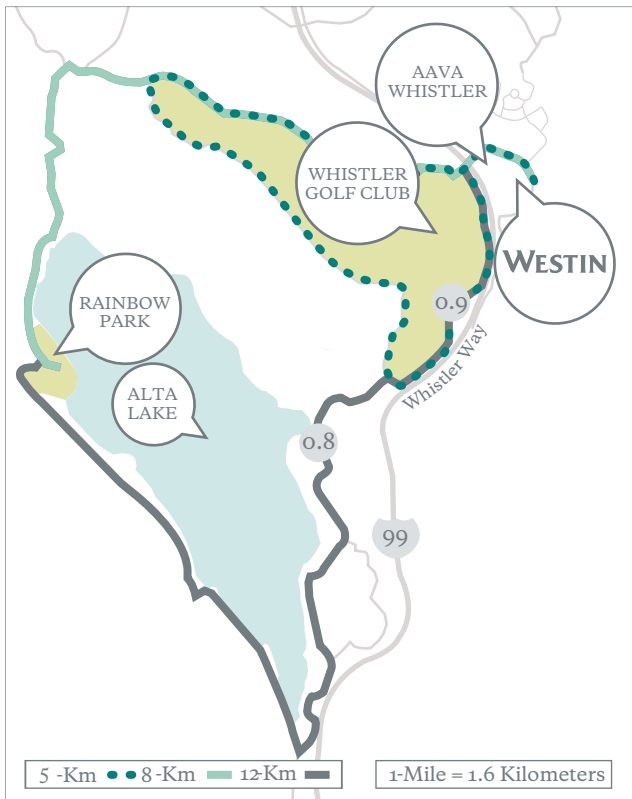


WESTIN *WORKOUT*
RUNNING MAP by new balance 



The Westin Resort & Spa, Whistler

westin.com/whistler

5 km route

1. Leaving from the lobby, cross the street using the crosswalk and turn right.
2. Follow the path (please keep to the right on the multi-use Valley Trail) past the Aava hotel, and take your first left under the highway underpass.
3. Take a left or go straight ahead, and follow the Valley Trail around the Whistler Golf Course in either direction until you return to this point, and return to the hotel the way you came.

8 km route

1. Leaving from the lobby, cross the street using the crosswalk and turn right.
2. Follow the path (please keep to the right on the multi-use Valley Trail) past the Aava hotel, and take your first left under the highway underpass. Continue straight past the Whistler Golf Course clubhouse.
3. Follow the Valley Trail to the far end of the golf course, and continue straight at the "T" intersection, following signs to Rainbow Park. Follow the Valley trail for several hundred metres more to another "T" intersection at the end of Lorimer Road, and turn left to Rainbow Park.
4. Return the way you came.

12 km route

1. Leaving from the lobby, cross the street using the crosswalk and turn right.
2. Follow the path (please keep to the right on the multi-use Valley Trail) past the Aava hotel, and take your first left under the highway underpass. Continue straight past the Whistler Golf Course clubhouse.
3. Follow the Valley Trail to the far end of the golf course, and continue straight at the "T" intersection, following signs to Rainbow Park. Follow the Valley trail for several hundred metres more to another "T" intersection at the end of Lorimer Road, and turn left to Rainbow Park.
4. At the entrance to the parking, turn left and follow the road for approximately 1.3km to the Valley Trail on the left (look for a yellow gate).
5. Follow the Valley trail along the rail line to a "T" intersection at the end of the lake. Turn left and follow the Valley trail through several parks and the Alta Vista residential area, following signs back to Whistler Village.
6. When you arrive back at the Whistler Golf Course clubhouse, turn right and retrace your route to the hotel.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.